

# Class Schedule 2026

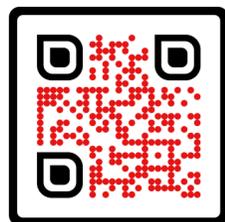


MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4:00-4:30PM Private classes available	4:00-4:30PM Private classes available	4:00-4:30PM Private classes available	4:00-4:30PM Private classes available
4:45PM <b>Beginners</b>	4:45 PM <b>Tiny Tigers</b>	4:45PM <b>Beginners</b>	4:45 PM <b>Tiny Tigers</b>
5:30PM <b>Intermediate and Advanced</b>	5:30PM <b>Beginners and Intermediate</b>	5:30PM <b>Intermediate and Advance</b>	5:30PM <b>Beginners and Intermediate</b>
6:30PM <b>Teens and Adults</b>	6:30PM <b>Intermediate and Advanced</b>	6:30PM <b>Teens and Adults</b>	6:30PM <b>Intermediate and Advanced</b>

SATURDAY	
	9:15AM <b>Teens and Adults</b>
	10:15AM <b>Beginners</b>
 	11:15AM <b>Intermediate and Advanced</b>
	<b>Birthday Parties</b> Up to 15 kids, pizza and drinks included

**Private classes**  
We offer private/semi-private classes (1-4 students):

- catch up or jump ahead
- prepare for belt test
- child who needs extra attention



SCAN ME

**Tiny Tigers**  
age: 3.5-5

**Beginners**  
age: 5.5 +

**Intermediate**  
Orange belt & up

**Advanced**  
Blue belt & up

**Teens and Adults**  
age: 13+  
Martial Arts, Fitness, Strength